

Title of BIP: Scientific methodology in thesis writing in health sciences

General information
Objectives and Description: As described during the Unita meetings in Turin in March and in November 2023 the aim of this BIP is to nurture a common basis of scientific methodology fundamental elements for students in health sciences of bachelor, master, single cycle Master's degree and PhD students, in order to facilitate an easier mobility for research thesis. Secondary aim is to facilitate the growth of a community of mentors and mentees among the UNITA alliance, beyond the national and disciplinary borders
Methods and outcomes: The students will be exposed at home University to preparatory disciplines according to local timetables, but during the 20 days ahead of the physical mobility, the teachers involved will provide didactic material according to international standard courses for scientific methodology assessment in different disciplines. According to this preliminary round of interest generating the in-presence lectures will be deepened in the topics with higher request. The course material will be in any case explained in the classes, more examples will be provided in the fields of interest. During the 4 months after the in-presence activity the faculty will be interacting both with students and teachers involved at home in the thesis preparation in order to reach the outcome of a scientifically sound description of materials and methods, eventually in view of a publication on a scientific journal
Field of Education: scientific methodology, evidence-based approach, health sciences
Target audience / Participants profile: Candidates to thesis writing in health sciences (bachelor, master, single cycle Master's degree and PhD students)
No of ECTS issued: 3
Language of instruction and requirements: English language B1
Dates for physical activity: 1st – 5th October 2026
Location of physical activity: Brescia (IT)
Dates for virtual component: - 22.09.2026 (informal meeting, from 6 PM to 8 PM C.E.T.)

- 28.09.2026 (first mandatory date of virtual component from 6 PM to 8 PM C.E.T.)
- 20.10.2026 (second mandatory date of virtual component from 6 PM to 8 PM C.E.T.)

Virtual Component Description:

All the interested students will be offered to take part in the lectures that the organizing board teachers regularly offer in their home University, without any consideration of the positioning in the selection procedure, but of course prioritizing the better qualified students. In this way the organizing board will gain an harmonization through a multivocal approach to the thesis writing in our Universities. At the same time the students will be offered to find mentors in specific fields in other UNITA universities and beyond. The exercise during the first online part will be concentrated on the material already collected and examined by candidates and how they felt any lack of a scientific approach in thesis related research. Typically the lack of enough mentors for the early stage of the research installing is ubiquitous and can be coped with by sharing research support and lectures. This approach will also be the basis for the second part of online part: direct contact with mentors in presence in Brescia will allow a one-to-one relationship to enhance the research planning and thesis writing. We intend to collect the feedback of the graduating students to increase the support in the next editions of the BIP.

Organizing Board

Receiving/Host university:

name of university, country (name of coordinator and email) University of Brescia, Italy (Corrado Paganelli corrado.paganelli@unibs.it)

Sending/Partner universities:

P1. name of university, country (name of coordinator and email) University of Zaragoza (Montserrat Martínez Pineda interfccsd@unizar.es)

P2. name of university, country (name of coordinator and email) Politecnico de Guarda (André Ricardo T. S. Araújo Pereira andrearaujo@ipg.pt)

P3. name of university, country (name of coordinator and email) Universitatea Transilvania din Brasov (Mihaela Badea mihaela.badea@unitbv.ro)

Detailed programme

1. Planned activities during virtual component:

Presentation of the course: classification of methodology already in use or proposed by the candidate according to statistical and publication descriptors (from case report to metanalysis of literature and experiments). Course description and precourse evaluation of candidates. Didactic material customization to language and previous experience of candidates

2. Planned activities during physical component:

1st day: identifying the research topic

2nd day: literature search – focusing the research topic

3rd day: AI – value of the study

4th day: research methodology & study design

5th day: draft of the research protocol

Application procedure

Students send the applications to their home university.

Home university nominates the students at UNIBS by **15th September 2026** through the form provided by unita.office@unibs.it.

Facilities provided to participants:

- One meal/ day.

BIP “Scientific Methodology in thesis writing in health sciences” **(Brescia, 01st – 5th October 2026)**

Practical Information

Students that have already been nominated must fill in this [Inquiry form](#) by **September 22nd, 2026**

Location UNIBS - Dental School of Spedali Civili Hospital ([Google maps](#))



Contacts

Scientific Coordinator of BIP
Prof. Corrado Paganelli
corrado.paganelli@unibs.it
+39 335 293501

UNITA Office
unita.office@unibs.it
+39 030 298 8267

GENERAL PROGRAM OF THE BIP

Tuesday 22/09/2026: *Informal meeting online to know each other and connect in terms of flights and opportunities to travel and book a room together, from 6 PM to 8 PM (C.E.T.) on Google Meet ([link](#))*

Monday 28/09/2026: Online meeting to formally begin the BIP (1st meeting of virtual component), from 6 PM to 8 PM (C.E.T.) on Google Meet ([link](#))

Thursday 01/10/2026:

Meeting point: [Dental School of Spedali Civili](#) at 12:30 if you want to have lunch together at the Hospital canteen, or directly at 2 PM for the beginning of the lecture.

Lectures from 2 PM to 6 PM, “Identifying the research topic”, with Prof. Dieter J. Schönwetter (University of Manitoba)

Optional: dinner at Hospital canteen at 7:30 PM

Friday 02/10/2026:

Lectures from 9 AM to 6 PM at the [Aula Magna](#) of the Hospital, “Literature search – focusing the research topic”, with lunch at Hospital canteen from 1:30 to 2:30 PM

Optional: dinner at Hospital canteen at 7:30 PM

Saturday 03/10/2026:

Practical work on “AI – value of the study” at [Salò Town Hall](#) from 9 AM to 12 PM

Free afternoon

Sunday 04/10/2026:

Lectures from 9 AM to 13 PM at the [Aula G of the Medical School](#) (walking distance), “Research methodology & study design”

Lunch at Hospital canteen

Lectures in the afternoon at the [Aula Magna](#) of the Hospital until 5 PM, “Research methodology & study design”

Monday 05/10/2026:

Lectures from 9 AM to 12 PM “Draft of the research protocol” at the [Aula Magna](#) of the Hospital and students presentations.

Optional: lunch at Hospital canteen

Tuesday 20/10/2026: Online meeting (2nd meeting of virtual component), from 6 PM to 8 PM (C.E.T.) on Google Meet ([link](#))

HOW TO REACH BRESCIA

Airports: Milano Bergamo - Orio Al Serio Airport, Distance: 52km (40 min)
Verona Airport, Distance: 65km (1h00)
Milano Linate, Distance: 84km (1h00)
Milano Malpensa, Distance: 138km (2h00)

Transfer from the Airports to the city:

Through transfer company:

- **From Bergamo Orio Al Serio:**
 - Itabus Orio Airlink [Orio al Serio Airlink \(fsbusitalia.it\)](https://fsbusitalia.it)
 - or autostradale.it [Pullman Gran Turismo & Trasferimenti Aeroporti | Autostradale.it](https://pullman.gran-turismo.it/trasferimenti-aeroporti)
 - or train from Bergamo city [IT - Trenitalia](https://www.trenitalia.it)
- **From Linate:** train from Milano Centrale [IT - Trenitalia](https://www.trenitalia.it) or [Italotreno-EN](https://www.italotreno.it)
- **From Malpensa:** train to Milano Centrale, and then from Milano to Brescia [IT - Trenitalia](https://www.trenitalia.it) or [Italotreno-EN](https://www.italotreno.it)
- **From Verona:** bus to Verona train station, [Airlink Verona aeroporto: scopri il servizio di ATV! \(linkavel.com\)](https://www.airlinkverona.it) and then train to Brescia [IT - Trenitalia](https://www.trenitalia.it) or [Italotreno-EN](https://www.italotreno.it)

Transfer in Brescia

Metro service ([website](https://www.brescia.it/trasporti)) from 05:00am to 12:00pm – Our closest metro stop: **Ospedale**

Taxi service +39 030 35111
[radiotaxibrescia.it](https://www.radiotaxibrescia.it)

If you want you can add yourself at the whatsapp group via this link

<https://chat.whatsapp.com/EQDy4ta5lyYEIdTURWRcel> and add more questions later to the group, as we are over 38 participants so a tutoring activity by senior students or voluntary discussion help, is more than welcome



ACCOMMODATION IN BRESCIA

Bed & Breakfasts	
<u>Il Cantuccio di Gioia B&B</u> Corso Camillo Benso Di Cavour, 12 - Brescia (BS) Il Cantuccio di Gioia B&B Brescia (bbilcantucciogioia.it) ilcantucciogioia.bnb@gmail.com +39 3496267860 B&B, City center	<u>Capitolium B&B</u> Via dei Musei, 75 – Brescia (BS) CAPITOLIUM – Albergo Diffuso (capitoliumad.it) capitoliumad@icloud.com +393899417077 Mini flats, City center
<u>Le Muse B&B</u> Via Dei Musei, 26 - Brescia (BS) LE MUSE BED&BREAKFAST (lemusebrescia.it) info@lemusebrescia.it +39 3466682667, +39 3802939375 B&B, City center	<u>B&B Una Stanza in Carmine</u> Contrada del Carmine, 13 – Brescia (BS) Una Stanza in Carmine - Booking.com Contacts: through Booking.com B&B, City center
<u>La Filanda B&B</u> Vicolo delle Cossere, 6 – Brescia (BS) http://www.lafilandadibrescia.it/contatti/ info@lafilandadibrescia.it +39 0305036006 , +39 3335002372 B&B, City center	<u>L'Angolo sulla Piazza B&B</u> Piazzetta S. Giorgio, 7 - Brescia (BS) https://www.langolosullapiazza.it/index.html info@langolosullapiazza.it +39 3483714694 Mini flats, City center
<u>Corso Matteotti 62 B&B</u> Corso Giacomo Matteotti, 62 - Brescia (BS) B&B Corso Matteotti 62 info@corsomatteotti62.com +39 338 2620655 B&B, City center	

Hotels	
<u>Hotel Vittoria *****</u> Via X Giornate, 20 25128 Brescia (BS) Hotel Vittoria Brescia www.hotelvittoria.com info@hotelvittoria.com +39 0307687200	<u>Double Tree by Hilton ****</u> Viale Europa, 45, 25133 Brescia (BS) DoubleTree by Hilton Brescia +39 03085691

Hotel Master **** Via Luigi Apollonio, 72 25128 Brescia (BS) Hotel Master 4 Stelle Hotel Brescia centro Business & Relax info@hotelmater.net + 39 030399037	B&b Hotel Brescia *** Piazzale Cremona 20, 25121 Brescia, Italia B&B Hotel Brescia vicino a Stazione e Tribunale di Brescia (hotel-bb.com) brescia@hotelbb.com +39 030 2400461
Centro Paolo VI *** Via Gezio Calini, 30 - 25121 Brescia (BS) Centro Paolo VI - Non il solito hotel Brescia ricevimento@paolovi.it +39 030 3773511	Albergo Orologio *** Via Cesare Beccaria, 17, 25121 Brescia Albergo Orologio a Brescia - Prenotazione di un hotel in centro città - Albergo Orologio info@albergoorologio.it + 39 0303755411 +39 3509758479
Locanda delle Mercanzie *** Corso Mameli 26 - 25122, Brescia Hotel Brescia Locanda delle Mercanzie info@locandadellemercanzie.com +39 3334826352	