



FEBRUARY 13TH-17TH, 2023

LANGUAGES WEEK

Celebrating multiculturalism and
multilingualism at the University
of Beira Interior, Portugal

One week intensive Language course
and social and cultural programs
starting at **100€**

Intercomprehension in Romance languages
Portuguese A1 and A2
Catalan A1 and A2
Romanian A1 and A2
English A2+B1 and B2+

Registrations open to teaching
and technical staff from UBI
and partner universities
until **December 4th, 2022**

More info:
languagesweek@ubi.pt



Inquire about Erasmus+
scholarships available
at your IRO

Olá!

Bună!

Ciao!

Hi!

Hola!

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Erasmus+



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Segunda-feira | Monday
13-02

Terça-feira | Tuesday
14-02

Quarta-feira | Wednesday
15-02

Quinta-feira | Thursday
16-02

Sexta -feira | Friday
17-02

Opcional | Optional

9h 9am	Tempo livre Free time	Aula de Língua Language Course (4h) Departamento de Letras [GPS 40.27751280882793, -7.508599040353704]	Aula de Língua Language Course (4h) Departamento de Letras [GPS 40.27751280882793, -7.508599040353704]	Aula de Língua Language Course (4h) Departamento de Letras [GPS 40.27751280882793, -7.508599040353704]	Visita a Belmonte: Castelo, Museus e visita à Adega da Quinta dos Termos. Almoço. Visit to Belmonte: Castle, Museums and visit to the Quinta dos Termos Winery [GPS to be announced]
9h30m 9:30am	Acolhimento: registo e café Check-in: registration and coffee break				
10h 10am	Sessão de boas-vindas Welcome Session Anfiteatro das Sessões Solenes [GPS 40.277831, -7.508979]				
12h30m 12:30pm	Almoço volante Welcome Lunch				
13h 1pm		Tempo livre Free time	Tempo livre Free time	Almoço de despedida Farewell Lunch	
14h 2pm	Aula de Língua Language Course (3h) Departamento de Letras [GPS 40.27751280882793, -7.508599040353704]	Visita guiada ao Museu de Lanifícios e percurso de arte urbana Guided visit to the Wool Museum and Urban Art route [GPS 40.277897, -7.508443]	Tempo livre Free time	Tempo livre Free time	
15h 3pm					
17h 5pm	Tempo livre Free time				
17h30m 5:30pm		Tempo livre Free time			
18h 6pm					
20h 8pm	Jantar de boas-vindas Welcome Dinner [GPS to be announced]				Tempo livre Free time

Inscrição | Registration

As inscrições estão abertas a docentes e técnicos administrativos da UBI e Universidades parceiras até 4 de dezembro de 2022 através do link <https://forms.office.com/r/3kgEwzS2q3> Registrations are open to teaching and technical staff from UBI and partner universities until December 4th, 2022 through the link <https://forms.office.com/r/3kgEwzS2q3>

Pagamento | Payment

Opção 1 (100€/80€ UBI staff) inclui o curso da Língua escolhida (15 horas), programa cultural e social na Covilhã, dois almoços e um jantar. Option 1 (100€/80€ UBI staff): includes the chosen Language Course (15 hours), cultural and social program at Covilhã, two lunches and one dinner.

Opção 2 (135€/115€ UBI staff): inclui Opção 1 e a visita a Belmonte dia 17-02. Option 2 (135€/115€ UBI staff): includes Option 1 and the visit to Belmonte on February 17th.

Inquire about Erasmus+ scholarships available at your IRO

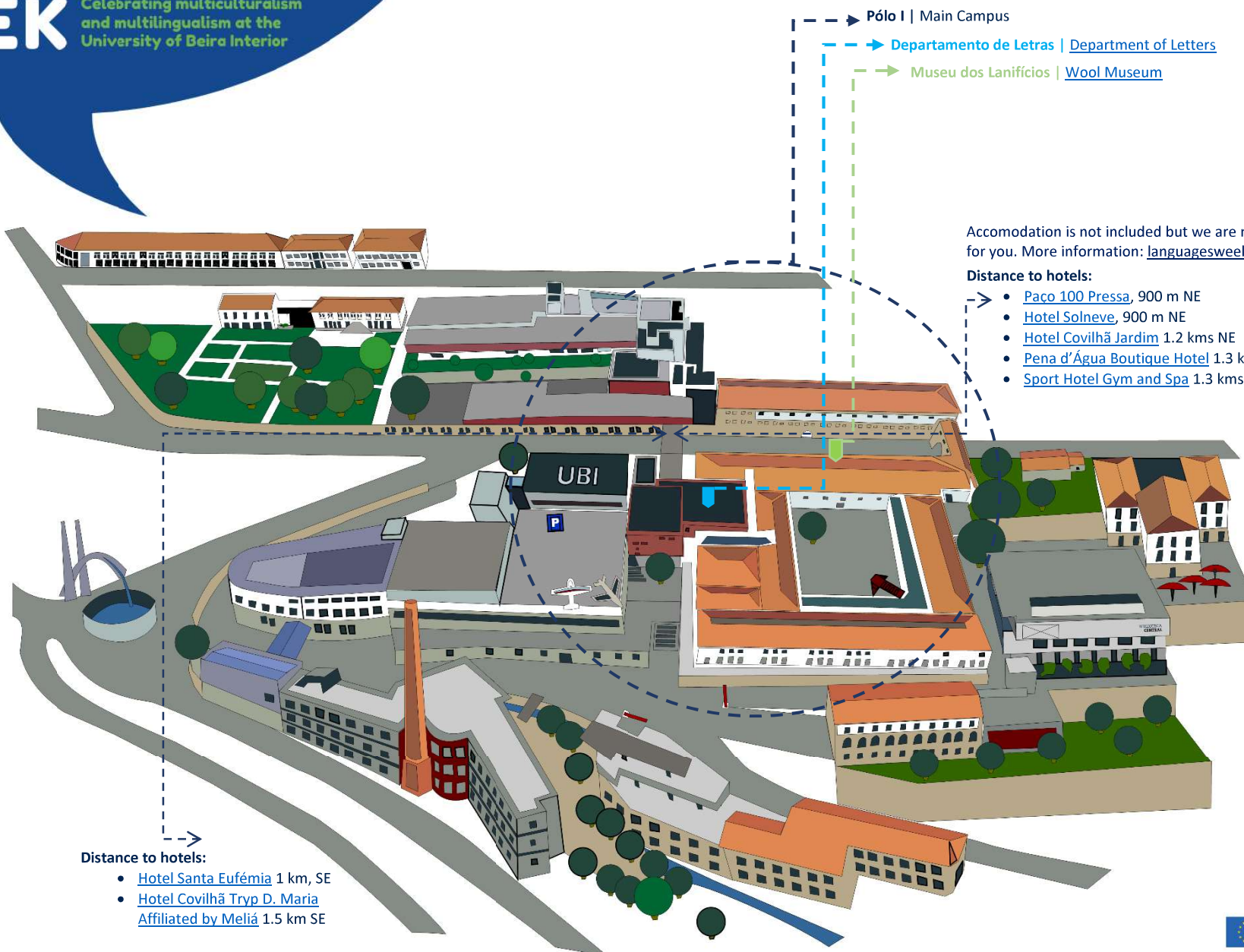




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Pólo I | Main Campus

Departamento de Letras | Department of Letters

Museu dos Lanifícios | Wool Museum

Accommodation is not included but we are negotiating the best fares for you. More information: languagesweek@ubi.pt

Distance to hotels:

- [Paço 100 Pressa](#), 900 m NE
- [Hotel Solneve](#), 900 m NE
- [Hotel Covilhã Jardim](#) 1.2 kms NE
- [Pena d'Água Boutique Hotel](#) 1.3 kms NE
- [Sport Hotel Gym and Spa](#) 1.3 kms NE

Distance to hotels:

- [Hotel Santa Eufémia](#) 1 km, SE
- [Hotel Covilhã Tryp D. Maria](#)
[Affiliated by Meliá](#) 1.5 km SE





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UBI Meetings

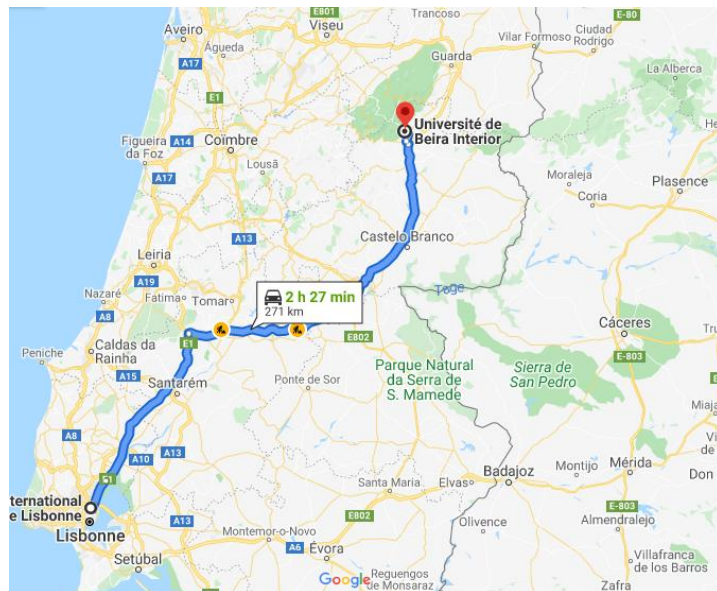
Practical Information

1) Access to Covilhã:

Information for highway electronic payment tool:
<https://gotoportugal.eu/en/toll-roads-in-portugal/>

From Lisboa

By car: From Lisboa Airport (270 kms, 2h30 by car through the highways A1 (Exit 7 Torres Novas/Abrantes) and A23 (Exit 30 Covilhã Sul/Hospital)



For who is travelling by **plane** to Lisbon and wants to come to **Covilhã by bus**:

- Airport -> Metro: **Red Line** (Aeroporto - S. Sebastião) -> Troca em S. Sebastião para **Blue Line** (S. Apolónia – Amadora Este) -> Jardim Zoológico Station -> Terminal Rodoviário – Praça Marechal Humberto Delgado – Sete Rios

Find here actualized timetables and prices: <https://rede-expressos.pt/en/timetables>

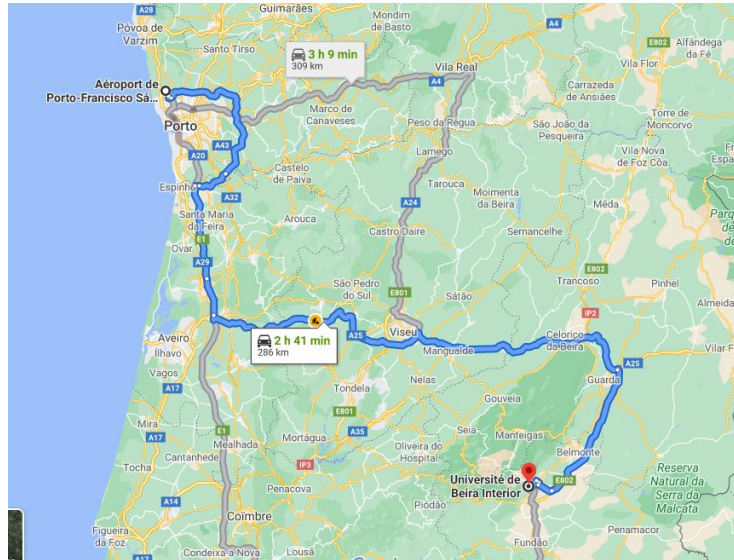
For who is travelling by **plane** to Lisbon and wants to come to **Covilhã by train**:

- Airport -> Metro: **Red Line** (Aeroporto-Gare do Oriente) -> Gare do Oriente

Find here actualized timetables and prices: <https://www.cp.pt/passageiros/en>

From Porto

By car: From Porto Airport (262 kms, 2h40 by car through the highways A1 (Exit 16 Viseu/Espanha), A25 (Exit 30 Guarda Sul/Covilhã/Portalegre) and A23 (Exit 31 Covilhã Norte/Hospital)



For who is travelling **by plane** to Porto and wants to come to **Covilhã by train:**

- Airport -> Metro: Linha E (Aeroporto-Estádio do Dragão) -> Estação do Bolhão -> Estação de S. Bento

Find here actualized timetables and prices: <https://www.cp.pt/passageiros/en>

For who is travelling **by plane** to Porto and wants to come to **Covilhã by bus:**

- Airport -> Metro: Linha E (Aeroporto-Estádio do Dragão) -> Estação do Bolhão -> Terminal Rodoviário – Campo 24 de Agosto, nº 125 4300-504 Porto

Find here actualized timetables and prices: <https://rede-expressos.pt/en/timetables>

From Madrid

By car: From Madrid Airport (430 kms, 4h10 by car through Salamanca, A25 (Exit 30 Guarda Sul/Covilhã/Portalegre) and A23 (Exit 31 Covilhã Norte/Hospital)

2) Covilhã Hotels

In Covilhã, and in Penhas da Saúde (a mountain village in the heart of Serra da Estrela) there are several hotels where you can stay. Among them, we recommend the following:

In Covilhã (altitudes ranging from 450 to 800 meters):

- Sport Hotel Gym + SPA – Price: 48€/night/2 person room or 35€/night/1 person room
Av. Frei Heitor Pinto
6201 - 909 Covilhã, Portugal
GPS coordinates: 40.28430570632134, -7.5054882311802045
<https://www.booking.com/hotel/pt/covilha-parque.pt-pt.html>

- TRYP Covilhã Dona Maria Hotel – Price: 70€/night/2 person room or 62€/night/1 person room
Avenida da Universidade,
6200-374 Covilhã, Portugal,
GPS coordinates: 40.269726448681105, -7.50531300234566
<https://www.tryptonamaria.com/pt/Menu/Home.aspx>
- Santa Eufémia Covilhã Hotel – Price: 45€/night/2 person room or 27€/night/1 person room
Alameda Pêro da Covilhã,
6200-507 Covilhã, Portugal
GPS coordinates: 40.27373550852973, -7.503157030659284
<https://www.booking.com/hotel/pt/santa-eufemia.pt-pt.html>
- Puralã - Wool Valley Hotel & SPA – Price: 76€/night/2 person room or 56€/night/1 person room
Acesso à Variante 6200,
6200-507 Covilhã, Portugal
GPS coordinates: 40.26758385763922, -7.498071587005698
<https://www.hotelpurala.pt/>
- Hotel Solneve – Price: 50€/night/2 person room or 50€/night/1 person room
Rua Visconde de Coriscada, 126,
6200-077 Covilhã, Portugal
GPS coordinates: 40.280993676479326, -7.503761544675377
<https://www.hotelsolneve.pt/>
- Hotel Covilhã Jardim – Price: 52€/night/2 person room or 42 €/night/1 person room
Rua São Salvador, n 1,
6200-196 Covilhã, Portugal
GPS coordinates: 40.28326241722004, -7.503838473510277
<https://hoteltcovilhajardim.com/>
- Paço 100 Pressa – Price: 45€/night/2 person room or 35€/night/1 person room
Travessa de São Tiago n° 3,
6200-031 Covilhã, Portugal
GPS coordinates: 40.27989419414426, -7.503346129335431
<https://www.paco100pressa.pt/paco>
- Pena D'Água Boutique Hotel & Villas – Price: 155€/night/2 person room or 140€/night/1 person room
Rua de São Francisco Álvares n° 25,
6200-051 Covilhã, Portugal
GPS coordinates: 40.28325814017872, -7.505982329335325
<https://penadagua.com/>
- Casa das Muralhas – Price: 85€/night/2 person room or 85€/night/1 person room
Rua Pedro Álvares Cabral n°5,
6200-162 Covilhã, Portugal
GPS coordinates: 40.28118487601604, -7.507056088850278
<https://www.casasmuralhas.pt/>

In Penhas da Saúde:

- Pousada da Serra da Estrela (1200m altitude, at 6,3 km from Covilhã, an 11 min driving) – Price: 99€/night/2 person room or 99€/night/1 person room
Estrada Nacional 339 - Penhas da Saúde,
6200-111 Covilhã, Portugal
GPS coordinates: 40.29205098381177, -7.533358486480609
<https://www.pousadas.pt/en/hotel/pousada-serra-estrela>
- Luna Hotel Serra da Estrela (1500m altitude, at 10 km from Covilhã, a 14 min driving) – Price: 70€/night/2 person room or 60€/night/1 person room
Penhas da Saúde,
6200-073 Covilhã, Portugal
GPS coordinates: 40.3075672570586, -7.54868729997332
<https://www.lunahoteis.com/luna-serra/o-hotel.html>
- Lam Hotel dos Carqueijais (1100m altitude, at 5,3 km from Covilhã, an 8 min driving) – Price: 69€/night/2 person room or 67€/night/1 person room
EN 339 Km 5 - Serra da Estrela,
6200-073 Covilhã, Portugal
GPS coordinates: 40.29015797010857, -7.529059565043316
<http://flagworldhotels.com/index.php>

In Unhais da Serra, it's 20km from Covilhã (26 min driving), known for the therapeutic characteristics of its thermal waters:

- H2otel Congress & Medical SPA (750m altitude) – Price: 185€/night/2 person room or 155€/night/1 person room
Av. Das Termas,
6215 - 604 Unhais da Serra, Portugal
GPS coordinates: 40.26653779809242, -7.623974286481197
<https://www.h2otel.pt/>

Note: All values indicated, per hotel, were consulted on Booking.com, and may be subject to small fluctuations during the year.